

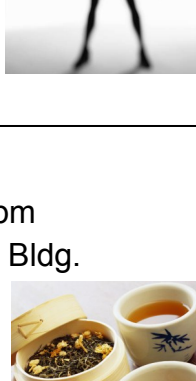
## January Happenings

### Cracking the Habit Code:

#### 21 Days to Keeping Your New Year's Resolutions

- Free online class through the Greater Good Science Center
- Instructor: Christine Carter PhD. "Raising Happiness"
- 21 day practical, do-able, science-based online course to help you keep your resolutions.

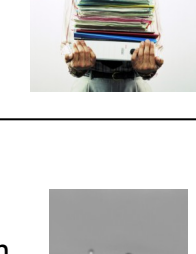
[Learn More](#)



### Chinese Tea and Beverage Workshop

- Wednesday, January 8, 4:30-5:30 pm
- RMI Sensory Theatre/RMI Sensory Bldg.
- Registration encouraged
- Enjoy premium Chinese tea and listen to tea stories about the wisdom of building relationships with three cups of tea.

[Learn More](#)



### The Organized Office

- Thursday, January 9, 12:00-1:00 pm
- WorkLife and Wellness Brown Bag
- Student Community Center MPR
- Instructor; Claudia Smith

[Learn More](#)



### Brainfood Talk: "Floods, droughts and lawsuits—managing California's water"

- Thursday, January 9, 12:00-1:00 pm
- Buehler Alumni Center, AGR Hall
- Free, no registration required

[Learn More](#)



### Snuggle Bugs

- Sunday, January 12
- 1:00-4:00 pm
- Bohart Museum of Entomology
- 1124 Academic Surge

[Learn More](#)



### Half the Sky: Turning Oppression Into Opportunity for Women Worldwide

- Nicholas Kristof
- Monday, January 13
- 8:00 PM Mondavi Center

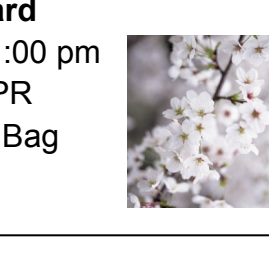
[Learn More](#)



### DMV Driver Safety and The Aging Driver

- Thursday, January 16, 2014
- 10:00-11:30 am
- ACC Senior Center, 7374 Park City Dr., Sac.
- Registration is required at [ptardio@alz.org](mailto:ptardio@alz.org)
- [Senior Drive Ombudsman Program](#), DMV
- Learn methods to prolong safe driving. Learn driver license renewal strategies, how the DMV assesses driving safety and the process for reporting potentially unsafe drivers.

[Learn More](#)

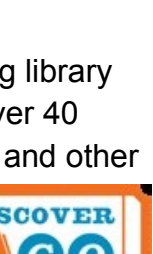


### The Quiet one at Work

**...are you an introvert or an extrovert?**

- Thursday, January 23, 12:00-1:00 pm
- Room E Student Community Center
- Career Catalyst Brown Bag
- Instructor: Constance Stevens

[Learn More](#)



### The Backyard Orchard

- Thursday, January 30, 12:00-1:00 pm
- Student Community Center MPR
- WorkLife and Wellness Brown Bag
- Instructor: Don Shor

[Learn More](#)



### Discover and Go Program

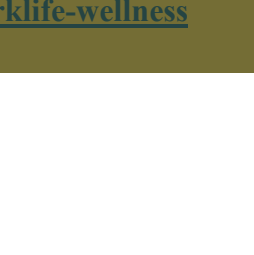
A Yolo County Library partnership providing library cardholders free and low-cost passes to over 40 museums, science centers, zoos, theatres and other cultural venues throughout Northern California and the San Francisco Bay Area through 2014.

[Learn More](#)



The WorkLife Balance Program at UCDCM holds many workshops and events throughout each month. Offerings include Self Defense, Yoga, Feng Shui and Nutrition.

[Learn More](#)



For a healthier community and a cleaner environment, UC Davis is now completely smoke and tobacco free. Visit the ["Breathe Free UC Davis"](#) page for further information about the new policy and **resources to help you break the habit!**



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